

ERLEADA

WHAT PATIENTS NEED TO KNOW

ERLEADA (er-LEE-dah) (apalutamide) is an oral prescription medication (taken 4 tablets once a day by mouth with or without food) for prostate cancer. It is approved for disease that has spread outside the prostate and still responds to androgen deprivation therapy (ADT), or cancer that has not spread, but no longer responds to ADT, (MCRPC & NMCRPC). It is proven to delay the onset of metastases, and increase survival outcomes with minimal to no increase in side effects.

Clinical Trial Results:

SPARTAN

In a clinical trial, ERLEADA + ADT delayed the spread of cancer to other parts of the body (metastasis) or death by 2 years (24.3 months) compared with ADT alone. To learn more, visit <https://www.erleada.com/is-erleada-right-for-you/clinical-study-results>

TITAN

A recent study (TITAN) showed that Apalutamide with ADT significantly improves survival outcomes compared with ADT alone while maintaining equivalent quality of life, regarding pain and fatigue, despite additional androgen blockade. To learn more visit:

[https://www.thelancet.com/journals/lanonc/article/PIIS1470-2045\(19\)30620-5/fulltext](https://www.thelancet.com/journals/lanonc/article/PIIS1470-2045(19)30620-5/fulltext)

Quality of Life Benefits:

Benefits for choosing Erleada over other options such as radiation or chemotherapy are:

- Long life: Erleada delayed onset of new metastases by 24.3 months on average.
- You can continue to work since Erleada is an oral agent; it does not require continuous visits to a facility for radiation therapy or drug infusions like chemotherapy.
- No chemotherapy side effects such as hair loss, immune suppression, neuropathy, nausea, etc.
- No additional urinary or sexual function side effects from radiation to the prostate area
- Patients reported outcomes & health related quality of life study reported no negative impact to their ADT treatment.

Side Effects and Management:

Erleada's potential side effects are treatable and usually do not persist long term.

- In 34% of men who take Erleada, a rash may occur in the first few months of treatment. This can be treated with a prescription rash cream.
- As with standard ADT, hot flashes may occur in men taking Erleada. This can be treated with an estrogen patch.

What Patients Need to Know About Erleada:

- Fatigue is a common side effect of all hormone therapies, including Erleada, and can be counteracted with a resistance training exercise program.
- Make sure you talk to your doctors about other medications you take to make sure that Erleada is an appropriate drug for you.
- Don't stop taking your current medications until you have spoken to your doctor.
- Always make sure to discuss all medications you are taking when you consider taking this treatment

Financial Assistance:

Commercial Insurance:

- Janssen CarePath Savings Program. Eligible patients receive a \$0 co-pay card with a \$15,000 maximum benefit per year. There is no income requirement for this program. To learn more, visit Erleada. [JanssenCarePathSavings.com](https://www.JanssenCarePathSavings.com).
- Know Your State Interactive Tool. Learn about Medicare and cash payment assistance in your state. This tool can help you access the Medicare Part D Low-income subsidy program. <https://www.janssen-carepath.com/sites/www.janssen-carepath.com/files/know-your-state.pdf>.
- No Interest Medical Loans. There are no-interest medical loans available for cancer patients. You can learn more here: <http://www.janssenprescriptionassistance.com/erleada-cost-assistance>

Medicare:

- SHIP State Health Insurance Assistance Program. To find a counselor to explain the benefits of your Medicare coverage, visit <https://www.shiptacenter.org>.
- Janssen Prescription Assistance. If you use a government-funded healthcare insurance, or are paying out of pocket for Erleada visit <https://www.janssenprescriptionassistance.com> to find affordability programs or independent foundations to help with copays, deductibles and cost of treatments.
- Advocacy Connector. For additional support visit <https://www.cancer.com/support-tools/advocacy-connector> to find support groups in your area, financial assistance, helplines, and more.